



Syllabus - Nursery

Term-I (April – September)







Dear Parent,

Greetings for the day!!

In Balwadi, we lay stress on activity based integrated learning and enhancing 21st century competency skills. The syllabus sets out all domains of learning as per NCF (National Curriculum Framework-2022). It covers physical, socio-emotional, ethical, cognitive, language & literacy, aesthetic and cultural development. Each of these areas includes several aspects of learning which aims at holistic development of child.

Overview of Curriculum

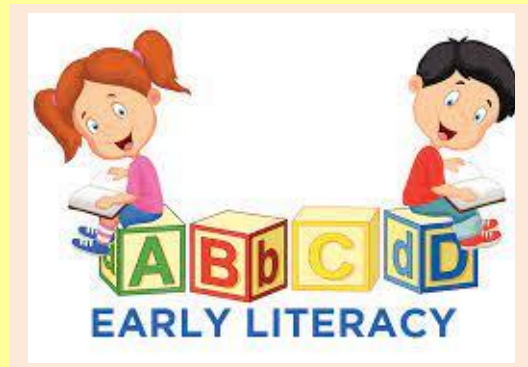


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|---|---|
|  Early Literacy <ul style="list-style-type: none">➤ Communication➤ Vocabulary Enrichment |  Personal Social & Emotional Development <ul style="list-style-type: none">➤ Relationship Skills➤ Music & Dance➤ Self Awareness |
|  Early Numeracy <ul style="list-style-type: none">➤ Critical Thinking➤ Problem Solving |  Physical Development <ul style="list-style-type: none">➤ Mind & Body Fitness➤ Gross & Fine Motor Skills |
|  Real World Exposure <ul style="list-style-type: none">➤ Observation of Surroundings➤ Community Services |  Creativity and Imagination <ul style="list-style-type: none">➤ Inquisitiveness➤ High Order Thinking➤ Art & Craft |

Early Literacy

ENGLISH & HINDI

1. Singing of alphabet song
2. Introduction of alphabets Aa-Jj
3. Jolly Phonics sound & song Aa-Jj
4. Pattern Writing: -
 - Standing Lines
 - Sleeping Lines
 - Slanting Lines



Different activities on the above topics

- Holding of pencil or crayon
- Picture recognition of Alphabets
- Rainbow tracing
- Matching similar alphabets
- Circle the picture
- Paper Tearing Pasting
- Structured and non-structured games
- Story Telling
- हिंदी गीत व कविताएँ

Comprehending simple commands:

Open the door, shut the door, wash your hands, open your bag / close your bag/
tiffin.

Early Numeracy

MATHEMATICS

1. Pre number concepts: -

Big-Small, Tall- Short, Up-Down,

Few-many, Full- Empty, In- Out,

Long-Short, More- Less

2. Introduction of numbers 1-5

3. Number Rhymes

4. Shapes - Circle, Square, Triangle,
Rectangle



Practical Learning:

- Counting with fingers
- Finger printing in number
- Counting with concrete objects
(Fruits, Beads, Blocks, Ice-cream Sticks)
- Conversation questions
- Number Puzzles
- Structured and non-structured games



Real World Exposure

EVS

Know The World Around

1. Me & Myself
2. My Body
3. Sense Organs
4. My School
5. My Family
6. Fruits
7. Vegetables



Practical Learning:

- Rhymes & Songs
- Make your Family Tree
- Who am I?
- Vegetable Printing
- Jigsaw Puzzle
- Puppet Show
- Colouring
- Collage Making
- Nature Walk and Observation
- Awareness of Environment

Personal, Social & Emotional Development

Social Emotional & Ethical Development

1. Circle Time
2. Puppet Show
3. Role Play
4. Audio Visual Learning
5. Story Enactment
6. Colour Days
7. Open House Activity
8. Rhymes & Songs

Self Help Skills:

1. Wishing Everyone in the Morning
2. Use of magic words –
(Thank you, Goodbye, May I, Please,
Sorry, Excuse me, Welcome)
3. Use of Dustbin
4. Turn On & Off the Tap
5. Eat Independently
6. Water Pouring
7. Respect Elders
8. Learn Good Habits
9. Use of Washroom Independently

Music

- “Make a circle...”
- “Teddy bear, teddy bear...”
- “Drip drop ...”
- “Pyara Hindustan hai ...”
- “Choti-choti gaiya...”
- “Bits of paper ...”

Dance

- “Clap your hands...”
- “Chalo sair karenge...”
- “Row-row -row your boat...”
- “Nanha-munna rahi hoon...”
- “I am so happy...”
- “Lakdi ki kathi...”



Physical Development

Gross Motor Activities:

1. Jumping
2. Walking on Straight/ Zig-Zag Lines
3. Sand Play
4. Free Play
5. Structured & Non-Structured Play
6. Soft Tunnel Crossing
7. Running
8. Balancing
9. Recreational Races

Yoga:

1. Breathing Exercise
2. Laughing Exercise
3. Simple Yoga Poses

Fine Motor Activities:

1. Scribbling
2. Sand Tracing
3. Play with Clay
4. Lacing
5. Stringing Beads
6. Building Blocks
7. Paper Crumpling
8. Water Pouring



Creativity & Imagination

Art & Craft

Different Art & Craft Activities like

1. Scribbling
2. Sand Tracing
3. Clay Moulding
4. Finger Printing
5. Palm Printing
6. Paper Tearing & Pasting
7. Cotton / Wool Pasting
8. Vegetable Printing
9. Sponge Printing
10. Colouring
11. Collage Making