



## **Syllabus - Nursery**

### **Term-I (April – September)**

*Dear Parent,*

*Greetings for the day!!*

In Balwadi, we lay stress on activity based integrated learning and enhancing 21<sup>st</sup> century competency skills. The syllabus sets out all domains of learning as per NCF (National Curriculum Framework-2022). It covers physical, socio-emotional, ethical, cognitive, language & literacy, aesthetic and cultural development. Each of these areas includes several aspects of learning which aim at holistic development of child.

### **Overview of Curriculum**



#### **Early Literacy**

- Communication
- Vocabulary Enrichment



#### **Early Numeracy**

- Critical Thinking
- Problem Solving



#### **Real World Exposure**

- Observation of Surroundings
- Community Services



#### **Personal Social & Emotional Development**

- Self-Awareness
- Relationship Skills
- Music & Dance
- Cognitive Development



#### **Physical Development**

- Mind & Body Fitness
- Gross & Fine Motor Skills



#### **Creativity and Imagination**

- Inquisitiveness
- High Order Thinking
- Art & Craft

# Early Literacy

## ENGLISH & HINDI

1. Singing of alphabet song
2. Recognition of alphabets Aa-Jj
3. Pattern Writing / Pre Writing Skills
  - Trace along the dotted lines.
  - Trace along the wavy lines to form waves.
  - Trace along the standing, sleeping and slanting lines.
  - Trace along the curved lines.



### *Different activities on the above topics*

- Holding of Crayons
- Picture Recognition of Alphabets Aa-Jj
- Rainbow Tracing
- Matching Similar Alphabets
- Circle the Correct Picture
- Sand Tracing
- Structured and Non-Structured Games
- Story Telling
  
- हिंदी गीत व कविताएँ
- रंगों का खेल
- कहानी की समझ

### *Comprehending simple instructions:*

Standup, clap your hands, raise your right/left hand, touch your forehead, time to unpack your lunch box. Turn around in a circle, walk to the door, put your toys away, share with your friend etc.

# Early Numeracy

## MATHEMATICS

1. Pre number concepts: -

Big-Small, Tall- Short, Up-Down,

Few-many, Full- Empty, In- Out,

Long-Short, More- Less

2. Recognition of numbers 1-5

3. Number Rhymes

4. Number Tracing

5. Number Matching

6. Recognition of Shapes - Circle, Square, Triangle, Rectangle



### **Practical Learning:**

- Counting with fingers
- Finger printing in numbers
- Counting with concrete objects (Beads, Blocks, Ice-cream Sticks etc.)
- Sorting and Classifying
- Spatial Awareness
- Simple Puzzles (2-4 pieces)
- Pattern Recognition
- Number Games – Hopscotch / Number Hunt / Number Puzzles/Claps  
Number Relay Race etc.



# Real World Exposure

## EVS

### Know The World Around

1. Me & Myself
2. Sense Organs
3. Colours Around Us
4. Fruits & Vegetables
5. My Family
6. My School

### Practical Learning:

- Rhymes & Songs
- Make your Family Tree
- Who am I?
- Vegetable Printing
- Jigsaw Puzzles
- Virtual Tour
- Colouring
- Collage Making
- Nature Walk and Observation
- Awareness of Environment

## ऋTR Book

Theme I Communicate and Express – Ch.1 – I Love My Family

Theme II Power of Social Skills – Ch.2 – Good Manners

Theme III Personality Development – Ch.3 – Be a Good Listener



# Personal, Social & Emotional Development

## Social Emotional & Ethical Development

1. Story Telling
2. Colour Days
3. Experiential Audio Visual Learning
4. Mindful Movement Activities
5. Puppet Shows
6. Circle Time
7. Caring for Plants and Pets
8. Pretend Play
9. Hands-on Sensory Fun
10. Toy swap – Sharing Activity

### Self Help Skills:

1. Hand Washing
2. Caring for Personal Belongings
3. Packing and Unpacking Bags
4. Following Routines
5. Washroom Skills
6. Expressing Needs
7. Eat Independently
8. Turn on and off the tap

## Music

- “Make a circle...”
- “Clap your hands...”
- “God’s love ...”
- “Red are the apples...”

## Dance

- “Reach up high...”
- “Freeze dance...”
- “Snap your fingers...”
- “Shake them, Just like this...”



## Cognitive Development

- Brain Balance Activities (Left/Right Brain)
- Sequencing Activities
- Observation Games
- Mazes

## Physical Development

### Gross Motor Activities:

1. Jumping
2. Kicking
3. Walking on Straight/Zig-zag lines
4. Rolling & Catching
5. Structured & Non-Structured Play
6. Running
7. Balancing
8. Tricycle Riding
9. Recreational Races
10. Play Station Fun

### Yoga:

1. Breathing Exercise
2. Laughing Exercise
3. Standing Poses

### Fine Motor Activities:

1. Scribbling
2. Play with Clay
3. Paper Crumpling
4. Stickers Play
5. Finger Printing
6. Palm Printing
7. Sensory Bins
8. Finger Gym
9. Building Blocks
10. Pincer Grasp Activity



## Creativity & Imagination

### Art & Craft

#### Different Art & Craft Activities like ....

1. Scribbling with Crayons
2. Sponge Printing
3. Palm Printing
4. Thumb Printing
5. Paper Tearing & Pasting
6. Lady Finger Art
7. Sponge Printing
8. Free Hand Colouring

